

Annex A - Unit Affiliation Proforma

Unit Title: _____

Unit Address: _____

Unit Boxing Officer _____

Rank: _____ Name: _____

Tel. No. _____ Email: _____

Unit Boxing Forecast

This Unit expects to take part in the following boxing competitions or events;

Competition	Yes / No	Date
Service Personnel Only on Service Property		
Service Personnel Only on Civilian Property		
Service Personnel Vs Civilian on Service Property		
Service Personnel Vs Civilian on Civilian Property		

Covid 19 Measures

Boxing gyms and Boxing activity must comply with current Covid 19 measures. This guidance is likely to change throughout the season; Boxing Officers are advised to contact their sS Boxing Association to confirm the checks and measures required.

A full list of these is enclosed to this Annex.

Coaches

This Unit has the following qualified boxing Coaches on Unit strength:

Service No.	Rank	Name	Qual. held	Boxing Reg. No.	Season last registered

Officials

Notification of any Officials on held strength would be appreciated.

Equipment held

Defibrillator. Each unit boxing team is to have unhindered access to a defibrillator from June 2021. For Season 2020 it is requested that ALL units endeavour to provide this where possible.

Defibrillator Serial No. _____ Location: _____

Distance from boxing gym: _____

Any Access Issues: _____

Boxing ring

To conduct Sparring the unit must have access to a serviceable Boxing Ring see below;

- a. The Boxing ring held has a platform that is a minimum of 100cm off the ground (Competition Rings only – Training Rings for Sparring must conform to all points below).
- b. The platform must be safely constructed, level and free from any obstructing projection.
- c. It must be fitted with four corner posts with four corner pads to prevent injury to the Boxers.
- d. The floor must be covered with felt, rubber or other suitably approved material that is soft quality and elasticity. It must not be less than 1.5cm and no more than 2.0cm.
- e. The canvas must cover the entire platform and must be made of non-slippery material.
- f. The ring must include four separate ropes on each side of the corner posts. They must be 4cm thick. The heights of the four ropes must be 40cm, 70cm, 100cm, and 130cm from the canvas.
- g. The four ropes must be joined on each side of the ring, at equal intervals, by two (2) pieces of material (close to the texture of the canvas) 3 to 4cm wide. They must not slide along the rope.
- h. The tension of the ropes is to be appropriate. (Provide support to a defending Boxer).

All Boxing rings are to be sited with a minimum of 2m clearance from the platform to any obstacle.

Additional Contact Equipment

The Boxing Gloves and Head Guards are checked regularly for serviceability (tears, rips, damage to padding and cleanliness)

The Boxing Bags and Pads are checked regularly for serviceability (tears, damage to padding, damage to chains or fixings)

Signature of SHEF Officer _____ Print Name _____

Signature of Level 2 Coach _____ Print Name _____

Boxing Officer Declaration

I (Rank and Name) _____ of _____ (Unit title)

Understand fully my responsibilities as Boxing Officer as detailed in [Section 3](#) of the UKAFBA Handbook 2020/21 and explained to me, by either the UKAFBA Ops Officer or the sS Secretary or Regional Boxing Chairman. That the Coaches have read and understood the Unit Boxing Emergency Action Plan at [Annex A to Section 3](#).

Signature _____ Date _____