

## Annex D - UKAF Boxing Association – Sparring Activity Log

UKAFBA Handbook 2021/22

Srl	Rank Name	No of Rds & Duration	Opponent 1	Opponent 2	Comments	Boxer Signature
0	Pte Cooper	4 x 2 mins	Pte Ali 2 Rds	Pte Frasier 2 Rds	Open Spar, Cooper cut above eye in 4 <sup>th</sup> by elbow. Sparring stopped. Cooper taken to A&E for treatment.	<i>H Cooper</i>
1						
2						
3						
4						
5						
6						
7						
8						

Date \_\_\_\_\_ Name of Supervising Coach \_\_\_\_\_ Signature \_\_\_\_\_