



ENGLAND BOXING
Supervisors (CPD Resource 2020)

Situation 4 Not clear on the rules / rule change

The Context – Due to changes in the rules there is mix-up at the competition. Unclear messages and as a result the R&Js are creating inconsistent judgement. Coaches are also not clear and some of the R&Js are debating what is correct. It falls to you to sort this out?

Be mindful –

What is your plan of action? Are you clear and understand why there is a misunderstanding?

How will you manage emotions and different points of view?

What resources and documents do you need to refer to, do you have hard copies of these?

What does a good meeting look like, how will you manage yourself?

How will you check for understanding?

Reflection –

What is good facilitation and communication look like in this type of situation?

What soft / people skills do you need to have during this situation?





**Useful Thinking
Tools & Resources
for Supervisors**

Listening

EAR 聽 YOU
EYES
UNDIVIDED
ATTENTION
HEART



Active Listening



Minimal Encouragers



Open Ended Questions



Reflection (Echoing / Mirroring)



Emotionally Labelling



Paraphrasing



'I' messages



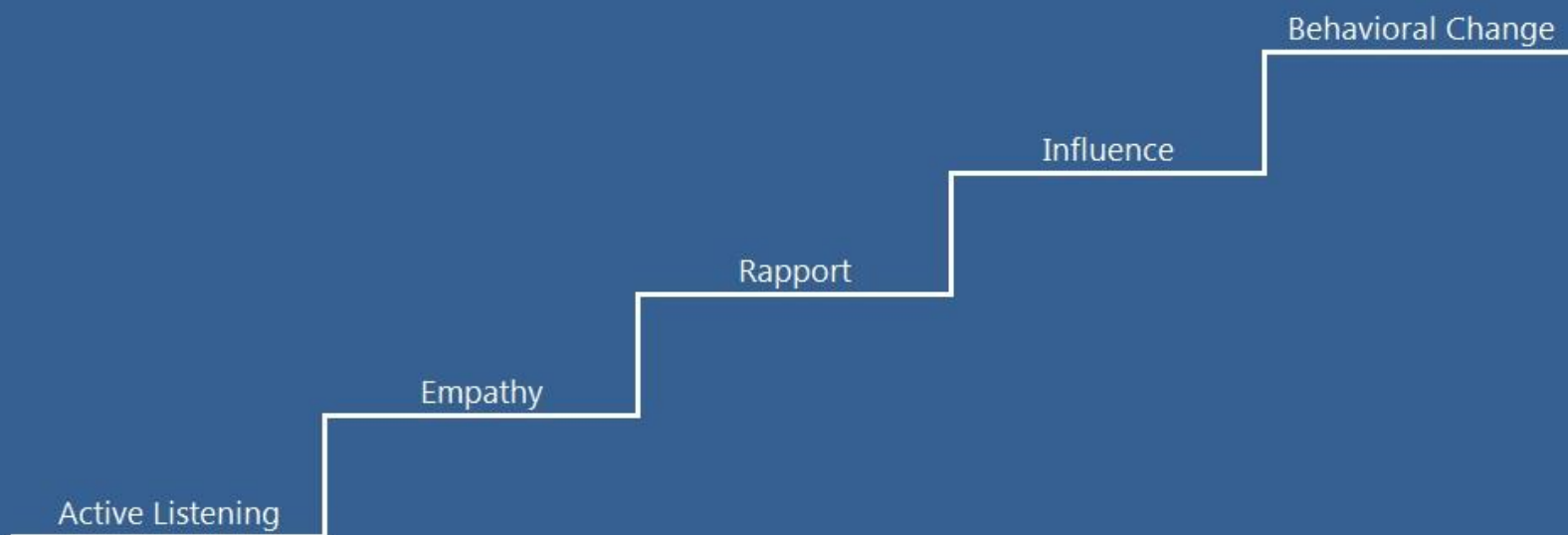
Effective Silence



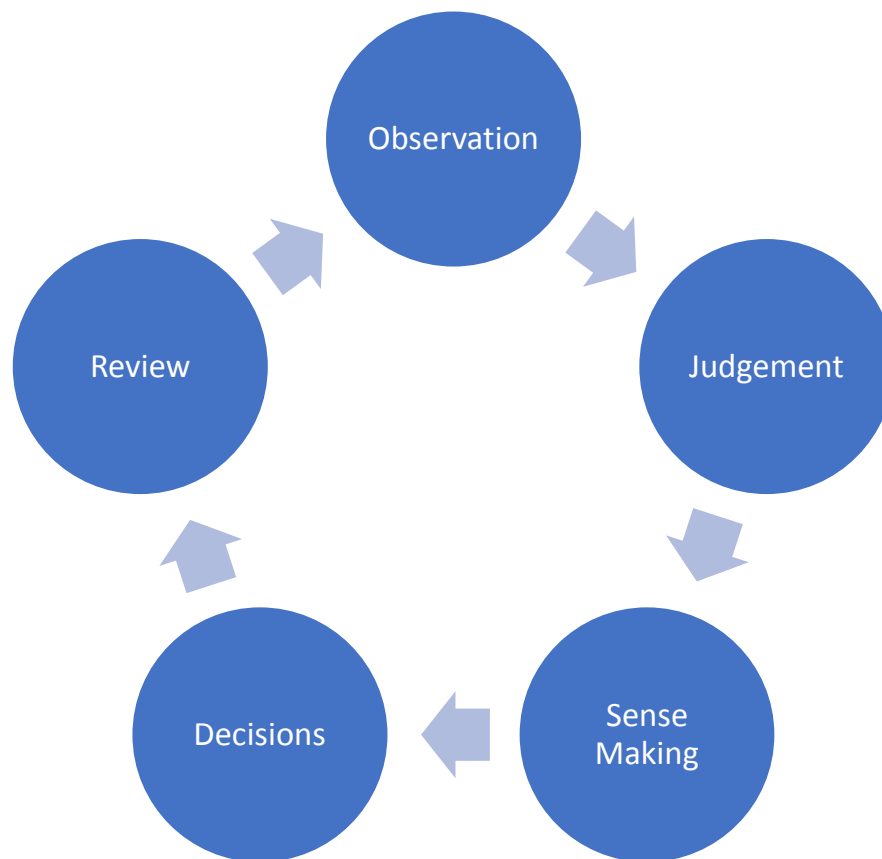
Summarising

Influence

Behavioral Change Stairway Model



Judgement and Decisions



Reflective Practice

